



## **2026 LACROSSE AMERICA SPRING - BOYS RULES**

US Lacrosse standards and rules will be followed in this tournament, if not modified within. The following rules have been designed to ensure fair play for all participants. Each coach and player is expected to understand these rules. Any questions concerning these rules should be directed to the Lacrosse America Staff.

### **TEAM ROSTERS**

All participating players must be on the official team roster. Absolutely NO roster sharing or team hopping allowed without director approval. Any team with a player in violation of this rule will be subject to an official team roster check that may lead to a forfeit in all games in which the player is known to have competed and a forfeited opportunity to advance to the playoff round. Once you have submitted your team roster at check-in, absolutely no additions or changes to the roster will be allowed.

### **ROSTER SUBMISSION**

Coaches must submit their final tournament roster via the Lacrosse America website or SMP Events app prior to Noon on the Wednesday before the event. All rosters and waivers must be submitted and teams complete check-in completely using your Roster Management page at [LacrosseAmerica.com](http://LacrosseAmerica.com) or on the SMP Events app. Any team who has not submitted their roster prior to the start of the event will not be eligible to begin.

### **YOUTH DIVISIONS**

- 8U Division: 2036/2037 Graduation Year
- 10U Division: 2034/2035 Graduation Year
- 12U Division: 2032/2033 Graduation Year
- 14U Division: 2030/2031 Graduation Year

### **TOURNAMENT FORMAT**

#### **8U Division**

- 7 v 7 (2 attack, 2 midfield, 2 defense, 1 goalie)
- Modified Field (Approx 70 yards x 40 yards)
- No checking allowed
- Penalties will result in a substitution
- No long poles will be allowed
- Regulation Size Goal (6'x6')
- No counts enforced
- Faceoffs will occur after every goal. If a team is up by 7 or more, the losing team has the option to take the ball at midfield.

#### **10U Division**

- 8 v 8 (2 attack, 3 midfield, 2 defense, 1 goalie)
- Modified Field (Approx 70 yards x 40 yards)
- No checking allowed
- Penalties will result in time served and team will be man down.
- Modified Long Poles Allowed - Max Length 54 inches
- Regulation Size Goal (6'x6')

- No counts enforced
- Faceoffs will occur after every goal. If a team is up by 7 or more, the losing team has the option to take the ball at midfield

### **12U & 14U Divisions**

- 10 v 10
- Advancing the Ball - Upon position in the defensive half of the field, a team shall advance the ball into the goal area within 30 seconds or turnover results.
- Over and Back Enforced

### **POOL PLAY & GENERAL GAME RULES**

- 4 game guarantee unless specified otherwise.
- Certified Referee(s) and Scorekeepers on every field
- Games will be 26 minutes long - with no halftime, and a running clock.
- Team Level Placements will be released 10 days before the event and Team Schedules will be released 3 days before the event
- The Home Team wears white.
- In Pool Play ONLY: Common Horn: A single horn will start the game, a double horn will sound signaling the 2-minute warning and finally, one long horn will sound which will signal end of the game. Final scores are recorded.
- A Faceoff will start each game and will be done following each goal.
- Each team will have one 30 second timeout during pool play, that cannot be taken in the last 2 minutes of the game. Clock will not stop.
- After 30 seconds, if a team does not return to the field in a timely fashion, they will be assessed with a delay of game penalty.
- Substitutions may occur at any time during play, except during a dead ball.
- NO one-handed stick checks
- Time serving penalties are time and a half; 8U division players do not serve penalties, but they must sub out
- Penalty time will stop during a timeout or any referee initiated clock stoppage on the field; this includes halftime and if a game goes into overtime.
- There will be no stick checks unless requested by the opposing coach BEFORE the game starts.
- No overtime in pool play games. Ties are allowed.
- No noise makers will be allowed at any field (sirens, cowbells, whistle, vuvuzelas etc). Any person who violates this rule will be escorted off the field.
- Decisions on the field will be the final ruling.

## **BRACKET PLAY**

- Overtime: 4 minute, sudden death. If the game is still tied after the first overtime, teams will take a 1 minute break then start the second, 4 minute overtime. 4 minute overtimes (with 1 minute breaks) will continue until a winner is declared.
- Timeouts: If a team did NOT use their (1) timeout during regulation time, it will carry over into overtime and can be used at any point during overtime. No additional timeouts will be given.

## **SCORING**

Scoring guidelines for the tournament are:

1. Points will be awarded as: 3 points win, 1 point tie, 0 points loss, and -1 points forfeit.
2. Flights with ties in points will be determined by the following tie-break rules, applied in ascending order:
  - a. Head to Head Play (if tied teams have all played each other.)
  - b. Most Wins (WIN)
  - c. Fewest goals allowed (GA)
  - d. Point difference during pool play games (max of +7, -7 points per game). \*\*A win by forfeit receives +7 (AGD).
  - e. Coin Toss
3. Multiple Team Tie:
  - a. In the event of a 3-way tie for seeding, the process starts with step 2-b and once a team is selected to advance from the tiebreaker process, then the tiebreak process starts over (with step 2-a) for the remaining two teams.
4. Tie Breakers in an Odd Numbered Pool:
  - a. In the event that there are an odd number of teams in a pool, one team will play an additional game. This team will be chosen by a blind draw. All above tiebreaker rules apply to this team, as well as all teams. This team's points awarded per game will be averaged.

## **TOURNAMENT CONDUCT**

Tournament Officials: Tournament referees are responsible for all on field action and make the ultimate call on any instance pertaining to the game. Decisions of the referee regarding facts connected with play are final. The referee may only change a decision on realizing that it is incorrect or, at his/her discretion, on the advice of a fellow referee, provided play has not restarted. The Head Coach is the only person allowed to discuss any questions or disputes with the referee. Disputes will not be heard after the game. Please treat all officials and tournament staff with respect as the alternative may result in an individual disqualification from the tournament. Field Directors will be available to address any issues.

Lacrosse America also reserves the right to disqualify any team for the following infractions:

1. Ineligible players that are not listed on the team roster with appropriate waiver on file.

2. Poor sportsmanship associated with Team Coaches, Representatives, Managers, Players, and Team Parents.

This includes the use of abusive and vulgar language, and abrasive conduct on or off the field.

3. Any false information on your documents provided to Lacrosse America is grounds for disqualification.

## **COACHES**

Coaches have total responsibility for the conduct of their players, parents, and team spectators at all times. Coaching from the sidelines is permitted, provided:

- Coach is listed on official team roster
- The tone of voice is instructive and not derogatory
- Coaches and all players remain within designated coaching area/substitution box
- No coach, player, or spectator makes derogatory remarks or gestures to the referees, other coaches, players and/or spectators.
- No coach, player or spectator uses profanity or incites, in any manner, disruptive behavior
- Absolutely no alcohol, tobacco, or illegal drug use is permitted on the tournament complex by players, parents and spectators.

Failure to comply with this rule is grounds for removal.

## **TOURNAMENT PARKING**

Parking is usually limited. There may be a parking fee upon entering the facility.

Parking locations will be available all weekend for all fields. All participants and spectators need to take caution when crossing the

roads. There is no barbecuing or use of illegal substances or alcohol anywhere on tournament grounds or parking lots.

## **Lacrosse America's RULES/REGULATIONS**

1. No participants are allowed on the fields prior to 7:00am.
2. No pets allowed, owners will be asked to remove the animal from the premises. Please leave your pets at home.
3. Absolutely NO grills allowed on grounds or parking lots.
4. Drive and park cars in designated areas only.
5. Absolutely no TAILGATING or use of ALCOHOLIC BEVERAGES.
6. No drones allowed on-site.

## **TEAM TENTS**

Team Tents are permitted at the facility. Please do not set them up on the endlines as a safety precaution. No tents allowed on any artificial turf surface.

## **WEATHER & LIGHTNING POLICY**

The tournament will not be stopped for inclement weather. However, in the event of lightning, all participants, fans, and coaches will be asked to leave the fields. Play will resume 30 minutes after the last lightning bolt/thunder has been observed. All tournament activities will resume play upon the Tournament Director's approval. Lacrosse America will do all it can to keep the tournament games as scheduled. If safety becomes a concern, for weather or any other reason, Lacrosse America will make the necessary changes to ensure the situation is handled properly. This includes, but is not limited to:

- All scheduled games will ultimately be moved back total time of delay
  - Finish games before inclement weather arrives
  - Shortened games due to time constraints
  - Creating a winner via alternative methods
  - Rescheduling games (if possible)
  - Canceling the tournament
- If lightning strikes a game in progress, the period will end immediately. The suspended game will resume play immediately when the fields are deemed safe. The teams will play ONE shortened running time game. Scores from suspended game will be combined with scores of this shortened game, and team with the most goals wins.
  - If lightning and thunder strike during the second half of a game in progress, the score of that game at the time of the occurrence will be considered the final score. The team leading in scoring at that point will be deemed winner and points will be recorded accordingly.
  - Converting the Tournament into a "Festival Format." A Festival Format does not have playoffs or championships. Teams will be given the opportunity to play as many lacrosse games as possible in the amount of time left.

NO player should leave the premises during a stoppage. Any teams unable to field a team upon the specified restart will be awarded a forfeit.

\*Note teams should only leave the facility if conditions become dangerous. There will be no refunds.

In case of inclement weather during the tournament, teams & spectators will be notified with a long, continuous horn. The horn signals that all participants & spectators need to leave the field immediately & go directly to their vehicles. Once dangerous weather has passed, and 30 minutes of clear weather is reached, three short horns will sound to resume game play.

Lacrosse America reserves the right to make any necessary changes for the betterment of the event